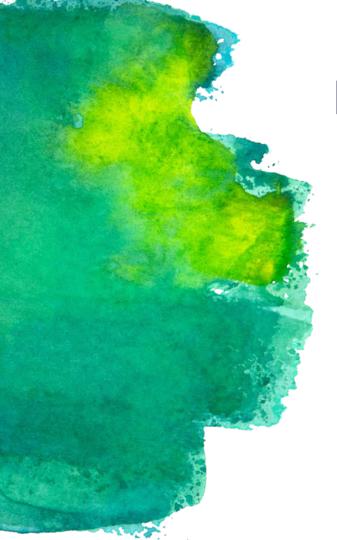


The BIG Question:

Are students with disabilities empowered to be the leaders of their education?





Defining Terms:

IEP - Individualized Education Program

PPT - Planning and Placement Team

Student-Directed - the student drives their education

Self-Advocacy - knowing rights, responsibilities and speaking up for oneself

Self-Determination - motivation to benefit one's self

What we know about Self-Determination...

- → Must be developed and continually worked on. (PBS, 2012)
- → 'Protecting' and 'Helicopter Parenting' ≠ Self-Determination. (PACER Center Inc., 2018)
- → It has to be **self-willed** and of **self-interest**. PACER Center Inc., 2018)
- → Actions have consequences, both good and bad. (Wehmeyer, 2014)
- → Promoting self-determination is **best practice** in special education. (Wehmeyer, Abery, Matthau, and Stancliff, 2003)
- → **Determination** to be like peers = **advancement** in education success. (Wehmeyer, 2014)



What we know about Self-Advocacy....

- → Being instrumental in **advancing** one's rights. (Martin, Huber-Marshall, and Maxson, 2003)
- → Risk taken = lessons learned. (Transition Tool Kit, 2015)
- → Rights are often overlooked or poorly taught.
- → **Self-Advocacy** is a skill that must be **taught**. (Transition Tool Kit, 2015)
- → Disability Rights are Human Rights. (The Minnesota Governor's Council on Developmental Disabilities, 2017)
- → Knowing your strengths and weakness is power.
- → Learning to disclose is important. (Transition Tool Kit, 2015)

What we know about Student Led IEPs...

- → IDEA is what mandates IEPs. (Barnard-Brak, & Lechtenberger, 2010)
- → Give access to FAPE. (Barnard-Brak, & Lechtenberger, 2010)
- → Strengths and Weakness = Hopes and Dreams. (Transition Tool Kit, 2015)
- → Participation is linked to a greater feeling of **control**. (Martin, Marshall, and Sale, 2004)
- → Students have a better understanding of their IEP. (Stodden & Conway, 2002)
- → IEP involvement is linked to greater **self-determination**. (Stodden & Conway, 2002)





The Demographics of the Study

Special Education Teacher 62%

Transition Coordinator 4%

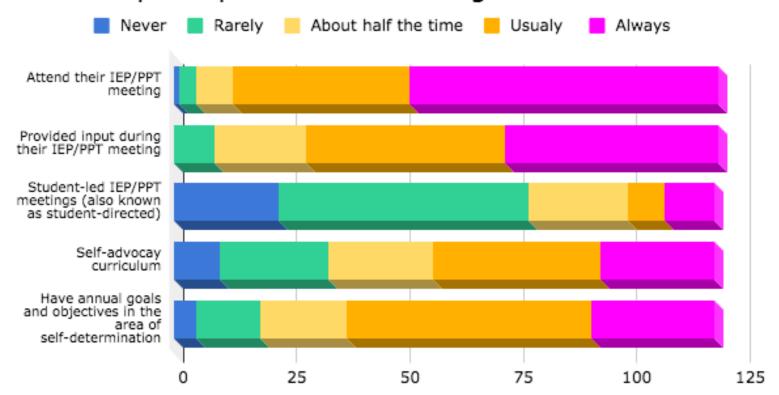
Other 32%

Gender:

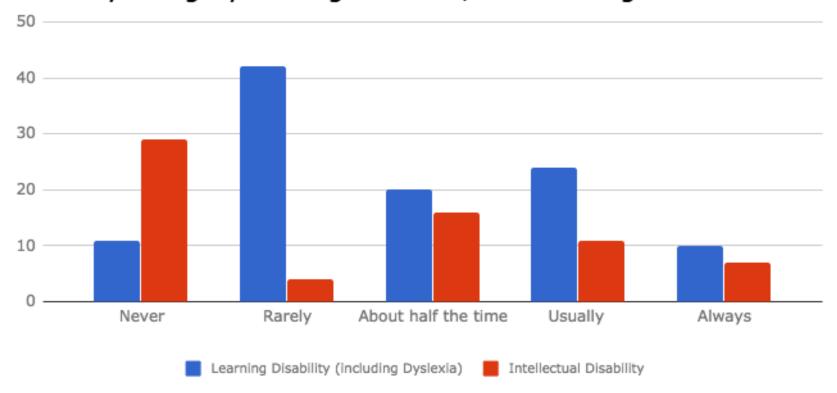
22 Male (11%)

98 Female (89%)

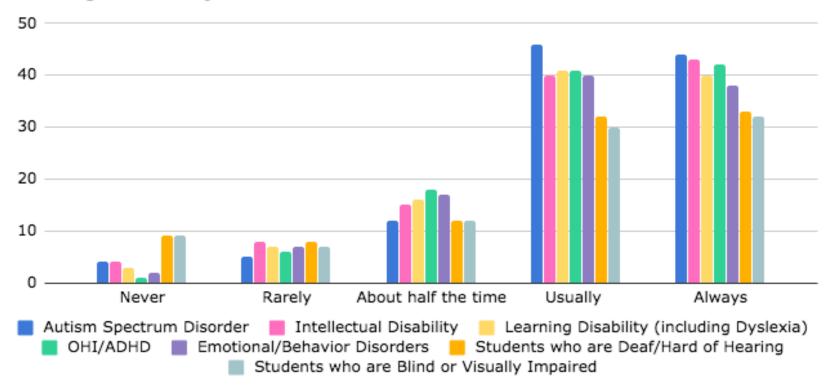
How often do students in your classroom or on your caseload participate in the following activities?



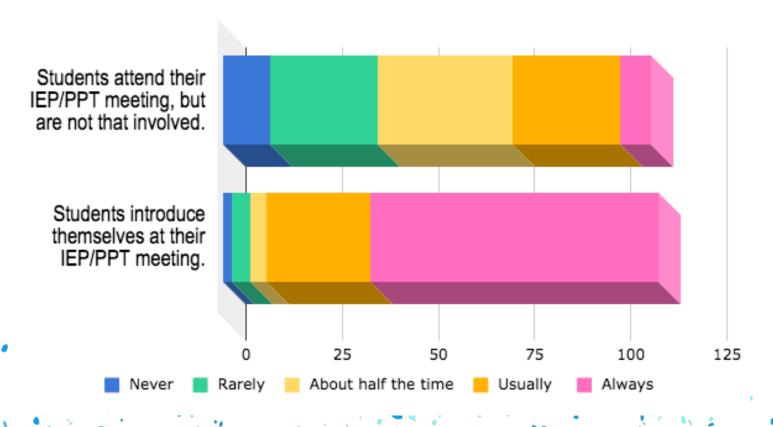
How frequently are students with the following primary disability category leading their IEP/PPT meetings?



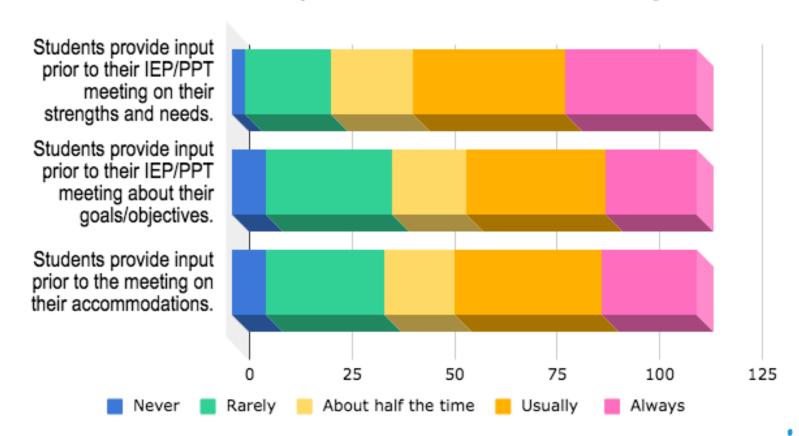
How likely are students with the following disabilities to have at least one annual goal and objectives focused on self-determination?



How involved are students in your caseload in their IEP/PPT meetings?



How involved are students in your caseload in their IEP/PPT meetings?



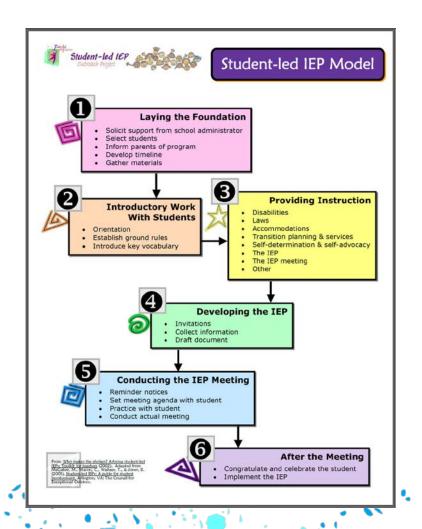


Implications

So where does this leave us......

So where does this leave us......

- → Students need to control **their** destiny.
- → IEP/PPT teams need to recognize their **disconnect** between what they are writing in **goals and objective** and what is actually being done.
- → Students should be **primed** so they can be confident in being **active** participants of the IEP/PPT.
- → We need to **teach** and **encourage** SElf-determination and self-advocacy skills!







Resources for Self-Advocacy:

- → <u>Self Advocacy Online</u> is a website from the University of Minnesota that features lessons, videos, news, and other resources related to self-advocacy.
- → Uncovering the Mystery of Your Learning Disability A website dedicated to the advancement of practical knowledge and understanding about learning disabilities.
- → Zillow Center for Learning Enrichment They have multiple lessons entitled ME! that help students build self-awareness and self-advocacy skills.

Resources for Self-Determination:

- → <u>KU Beach Center on Disability</u> Offers guides and assessments for Elementary, Adults, Transition, and LifeSpan on Self-Determination.
- → <u>Self-Determination and Transition Assessment</u> This is a module offered by the Transition Coalition, it is a wonderful resource and highly recommended.
- → <u>Self-Determination</u> resource made by PACER.
- Self-Determined Learning Model of Instruction This was designed by some of
 the leading researchers in the transition field.

Resources for Student Led IEPs:

- → Zarrow Center for Learning Enrichment Website for multiple domains but there is a special section on IEPs.
- → <u>I Am Determined</u> This is a wonderful resource for high school students that they can fill out on their own or with assistance to help guide them in understanding their IEP.
- → Student Led IEP Toolkit The District of Columbia has put together this site for students, parents, and educators to help support them in creating student led IEPs.

Thanks!

Any questions?

You can find me at:

Meghan.Ramsay@uconn.edu

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