

Looking at respite nationally compared to CT specifically. What qualifications allow a family to receive respite services?

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What is respite?

- Defined by CT Development Services
 - Respite is the temporary care of a person with a disability for the purpose of offering relief to the family or caregiver.
 - It is a service that allows for time to reenergize, deal with emergency situations, or engage in personal, social, or routine activities and tasks that otherwise may be neglected, postponed, or curtailed due to the demands of caring for a person who has intellectual disabilities.

Why does it matter?

- Family caregivers across the nation have emphasized that what they often need is respite care
 - Time off
 - Own needs
 - Obtain relief
 - Family caregivers have difficulties with accessing this care
- Medicaid is the major public payer
 - Respite and adult day services
 - States determine access

Respite Eligibility- Connecticut

- CT Comprehensive Supports Waiver (0437.R03.00)
- Individuals 18 years and older diagnosed with a developmental disability and individuals 3 years and older diagnosed with an intellectual disability
 - Individuals require a level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

Respite Eligibility- Connecticut

- Children & Youth with Special Health Care Needs (CYSHCN)
- Children and youth ages 0 to 21 who have, or are at increased risk for, a chronic physical, developmental, behavioral or emotional condition and who also require health and related services by a type and amount beyond that required by children generally.
- Due to the limited availability of funds, there is a \$500 per family maximum per every other year for Respite funds, including camp within the availability of funds.

Respite Eligibility- Rhode Island

- A child/youth under the age of 21 with all of the following criteria may be eligible for Respite services
 - Medicaid eligible
 - Income and resource requirements are met (child's income & assets only)
 - The child lives at home
 - The child requires an institutional level of care at home that is typically provided in a hospital, nursing facility, or an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID).

Respite Eligibility- Missouri

- MO Children w/Developmental Disabilities (MOCDD) Waiver (4185.R05.01)
- Children diagnosed with intellectual or developmental disabilities who are less than 18 years old; must live at home and not in a group home residential placement or in custody of the state
 - Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

Respite Eligibility- California

- CA HCBS Waiver for Californians with Developmental Disabilities (0336.R04.00)
- Criteria: a developmental disability that begins before the 18th birthday, is expected to continue indefinitely, and presents a substantial disability, including intellectual disability, cerebral palsy, epilepsy, Autism, and related conditions.
 - Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID), or developmental disabilities.

Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/IID)

- The Social Security Act created this benefit to fund "institutions" (4 or more beds) for individuals with intellectual disabilities

Limit and Access

- Most states cover respite care in their Medicaid home and community-based waivers and state plan authorities, but the majority of states place a limit on the amount of respite services covered.
- Difficult to find respite services beyond CT Developmental Services

Respite Funding

- Although most states' Medicaid programs cover respite care and adult day services, anticipated expenditures are relatively low compared to overall spend on home and community-based services.
- states that offer respite care under a Medicaid 1915(c) home and community-based waiver spent a median percentage of 0.49% of the total waiver expenditure

References

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